

# Southern Edge Arts

PERFORMING ARTS PARTICIPATION PROGRAM PRESENTED BY HEALTHWAY

## ALBANY TIMETABLE - TERM 1 2026

Monday

### Smircus

4-5pm | 5-6 yrs  
\$110 per term

### Big Top Circus

5-6pm | 7-11 yrs  
\$110 per term

### Circus Troupe

6-7pm | 12yrs+  
\$110 per term

### Street Acro Jnr

4-5pm | 6-8 yrs  
\$110 per term

### Street Acro Int

5-6pm | 8-11 yrs  
\$110 per term

### Street Acro Snr

6-7pm | 11yrs+/by invite  
\$110 per term

### Open Training

7-8.30pm | 16yrs+  
\$17 per session

Tuesday

### Aerials 2

4-5.30pm | by invite  
\$160 per term

### Aerials Troupe

5.30-7.30pm | by invite  
\$170 per term

### Actors Club

4-5pm | 8-12yrs  
\$130 per term

### Theatre Ensemble

5-6.30pm | 13yrs+  
\$160 per term

Wednesday

### Aerials 3

4-5.30pm | by invite  
\$160 per term

### Adult Aerials Beginner

5.30-6.30pm | 18+  
\$130 per term

### Adult Aerials Inter

6.30-7.30pm | 18+  
\$130 per term

Thursday

### Aerials 1

4-5.30pm | 8yrs+  
\$160 per term

### Aerials 4

5.30-7pm | by invite  
\$160 per term

### Dance / Theatre

4.30pm - 6pm | 12yrs+  
\*FREE - Kaarla Wirren

Friday

### Fire Arts

5.15pm - 6.45pm | 16yrs+  
\*FREE - Kaarla Wirren

**ENROL NOW**

- Kaarla Wirren workshops are FREE with Southern Edge Arts Membership



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## Everyone Welcome!

### CIRCUS



**Smircus** - Introduction to the world of circus workshop for 5 & 6 year olds.

**Big Top** - Experience a range of circus skills including acrobatics, juggling & mini tramp.

**Circus Troupe** - Circus workshops focusing on skills development - 12yrs+ or by invite.

### AERIALS



**Aerials 1** - Aerials entry level workshops. Learn basic techniques & simple routines using trapeze and silk apparatus.

**Aerials 2, 3 & 4** - By invite, skill based level workshops using a range of apparatus including lyra, rope & cube.

**Aerials Troupe** - Advanced level workshops focusing on skill and performance outcomes.

### THEATRE



**Actors Club** - Take to the stage with combination of theatre games, improvisation, physical awareness and performance.

**Theatre Ensemble** - For ages 13 yrs+. Learn the craft of acting through performance outcomes.

### ST ACRO



**Street Acro Jnr & Int** - Age based workshops combining elements of parkour, tumbling, mini tramp and slackline. Learn to flip in a safe and controlled environment.

**Street Acro Snr** - Personal coaching for skilled students.

## Workshops for Adults

*Because it's never too late to join the circus!*

**Adult Aerials Beginner workshops** - Entry level workshops for developing strength and learning basic skills for silks and trapeze.

**Adult Aerials Int** - For adults with aerials experience.

**Opening Training** - for Troupe members or experienced performing artists, an opportunity for self-led training with a SEA Teaching Artist onsite. Any artform.

## Kaarla Wirren (Fire Spirit) - Be a part of the show!

Enrolments are now open and FREE for all Southern Edge Arts members. **Head to our website for more details.**

**Fire Arts** - For 16 - 27 year olds. Head to the Kaarla Wirren page on our website.

**Dance and Theatre** - For 12 - 25 year olds. Head to the Kaara Wirren page on our website.